1 Because I am Abel,

I am able to blaze through every door of opportunity but leave a wedge in the door so that others may follow.

2 Because I am Abel,

I will take responsibility for my own destination, and uplift my brothers who seek to do the same.

3 Because I am Abel,

I will see my brothers as a reflection of myself.

4 Because I am Abel,

I shall not allow myself to be deterred by the social conventions that have been set out to limit my success.

5 Because I am Abel,

I am not afraid to take the road less travelled.

6 Because I am Abel,

I will fight the good fight of faith and always remember that a dream deferred is not a dream denied.

7 Because I am Abel,

I am able to rise from defeat and refuse to give up on my aspirations.

8 Because I am Abel,

I am able to use my words and acitons to uplift, increasing the confidence of my brothers and myself.

9 Because I am Abel,

I am able to channel my ambitions to achieve my goals and will not allow anything to stand between my destiny and me.

10 Because I am Abel,

I will remember that failure is a part of success, and if I do not allow it to break me, it will make me stronger.